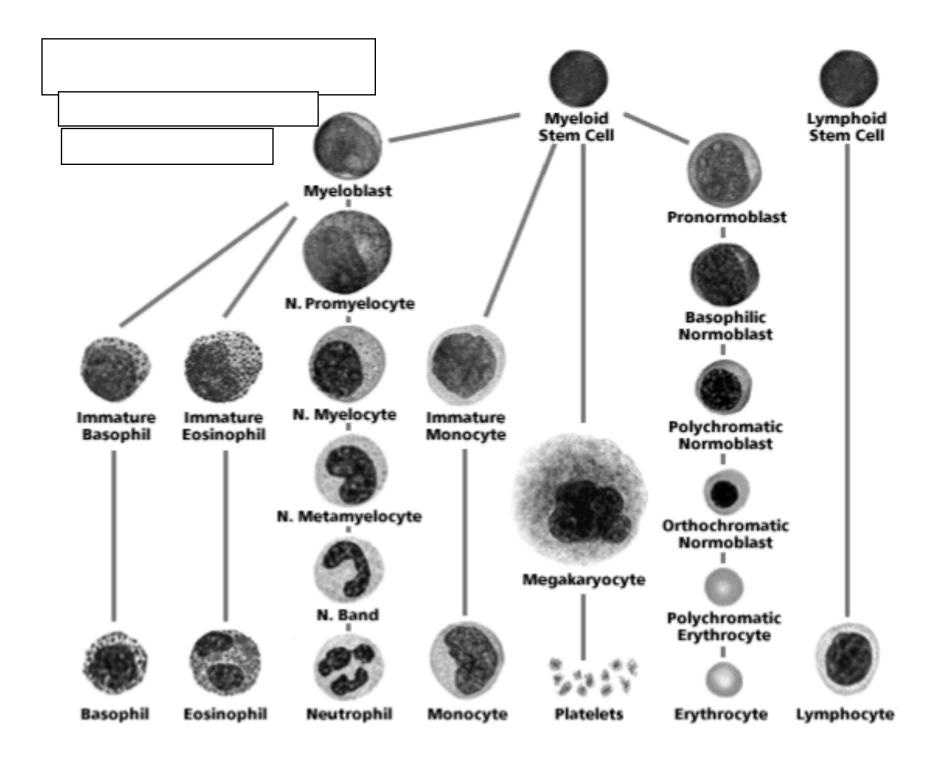


Benign Leukocytoses Kristine Krafts, M.D.



## Benign Leukocytoses

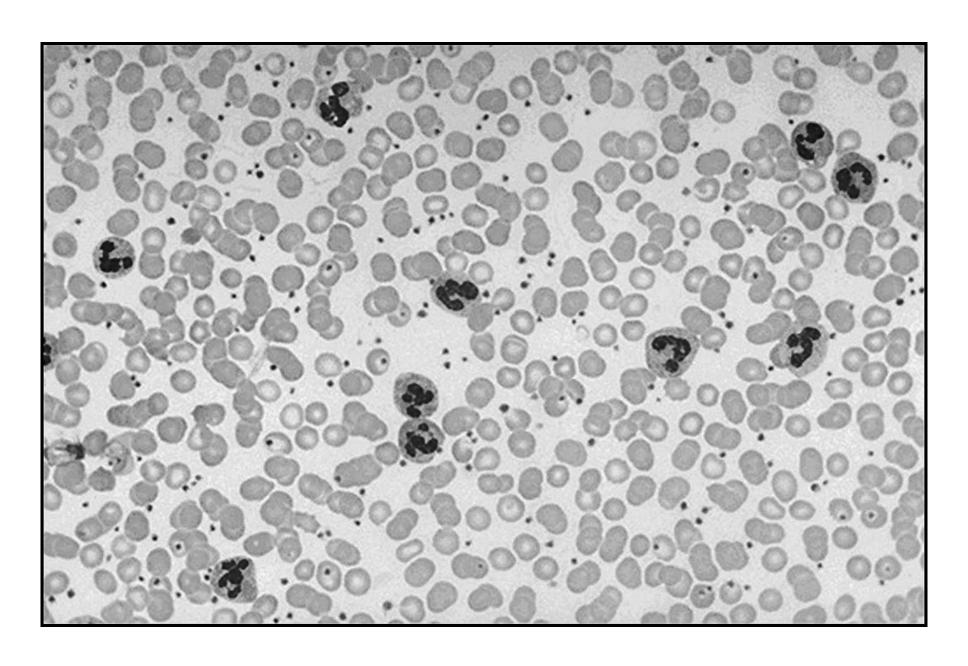
- Neutrophilia
- Lymphocytosis
- Basophilia
- Monocytosis
- Eosinophilia

#### Neutrophilia

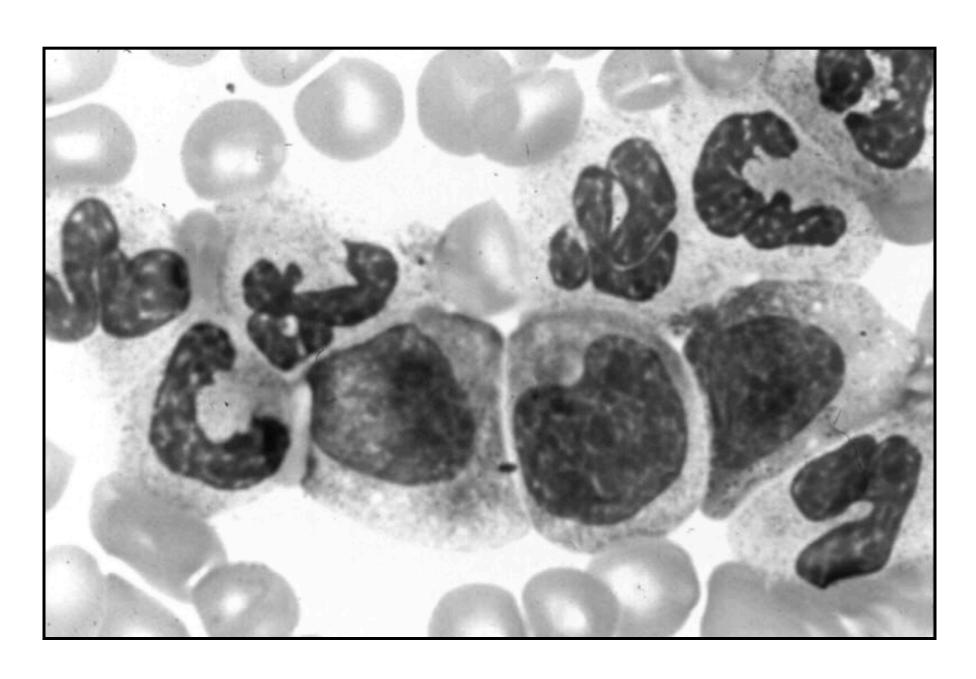
- Neutrophils fight infection, participate in inflammatory responses
- Bone marrow
  - Most neutrophils live here
  - All stages of maturation
- Blood
  - Only 5% of all neutrophils are here
  - Normally only segmented neutrophils
  - Half are marginated

## Types of Neutrophilia

- Mature (lots of segmented neutrophils)
- Immature (lots of immature neutrophils)



Mature neutrophilia



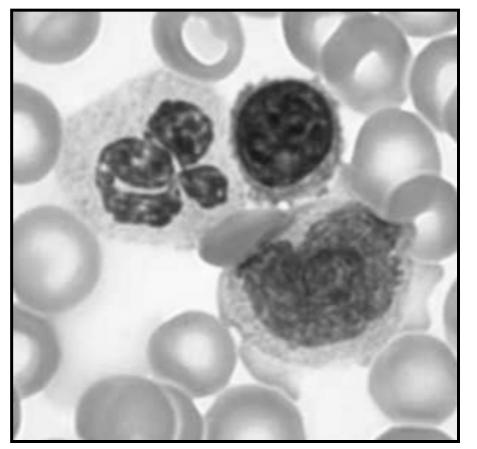
Immature neutrophilia

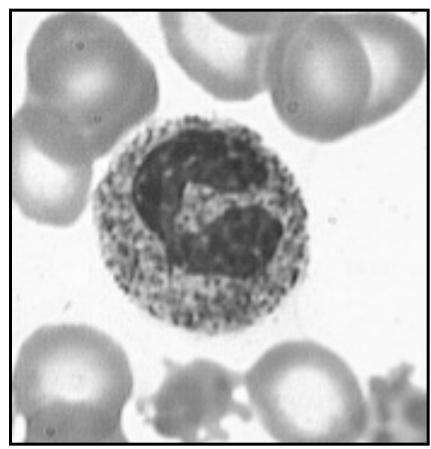
#### Causes of Mature Neutrophilia

- Infection (bacterial)
- Inflammation
- Physiologic things
  - Stress
  - Hormones

## **Toxic Changes**

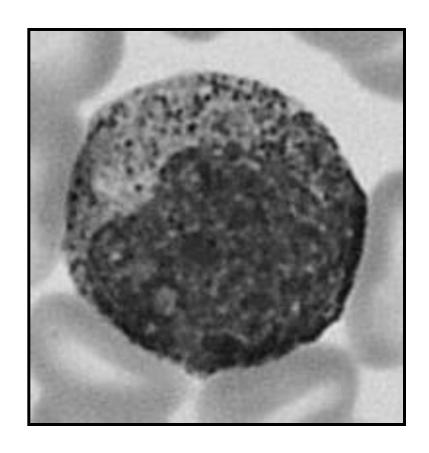
- Seen only in infection!
- Toxic granulation, D cytoplasmic vacuolization
- Scariest: cytoplasmic vacuolization



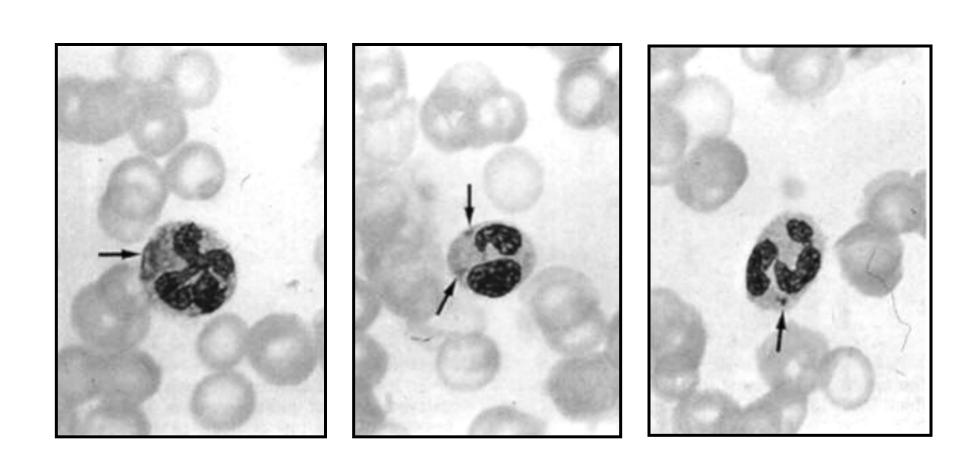


Normal neutrophil (top left)

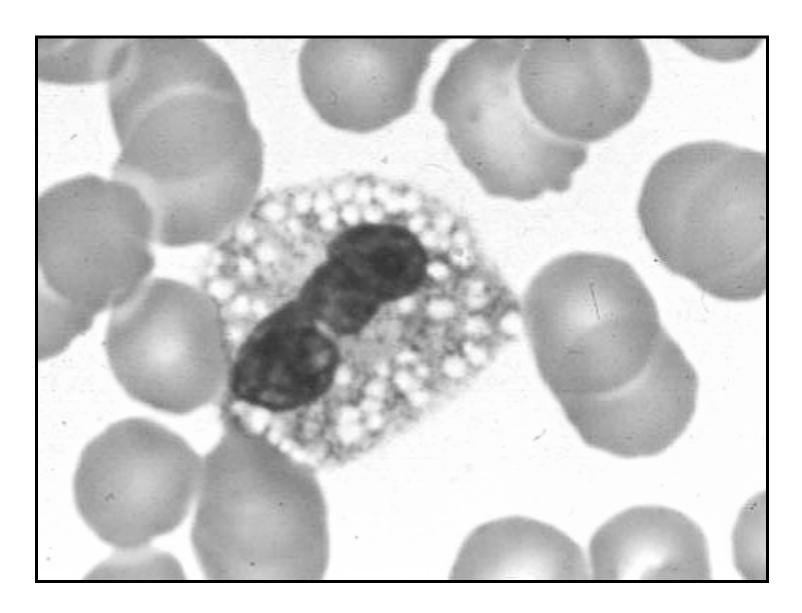
Neutrophil with toxic granulation



Promyelocyte



Döhle bodies



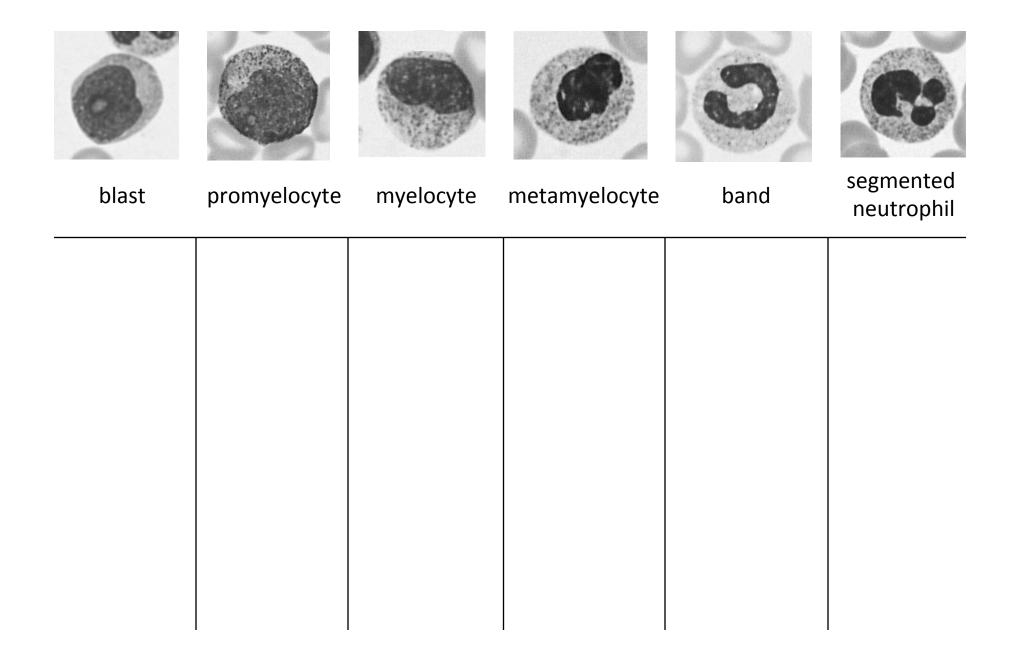
Cytoplasmic vacuolization

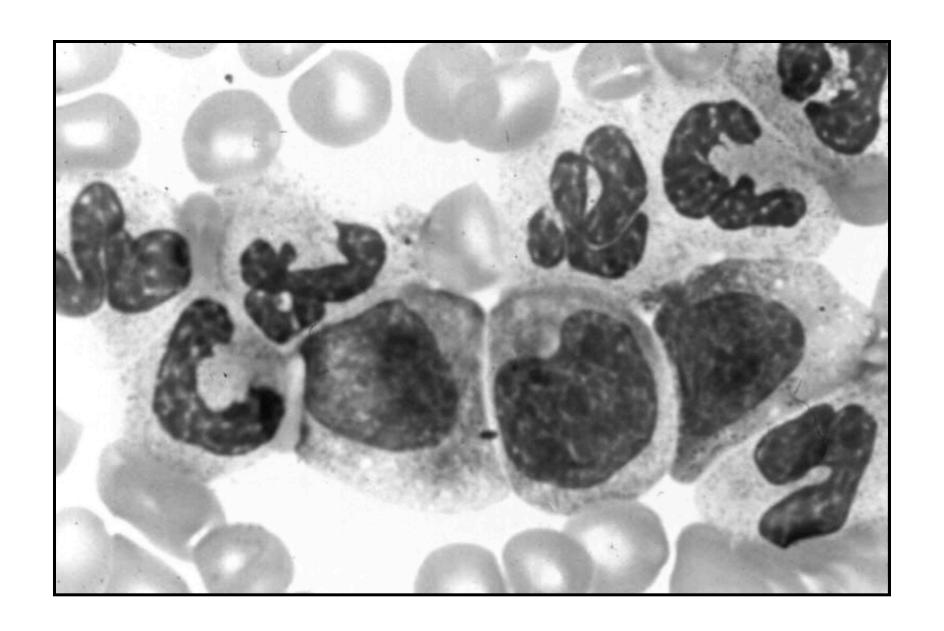
## Causes of Immature Neutrophilia

- Infection (bacterial)
- Inflammation
- Severe anemia
- Something filling up the marrow

• Left shift



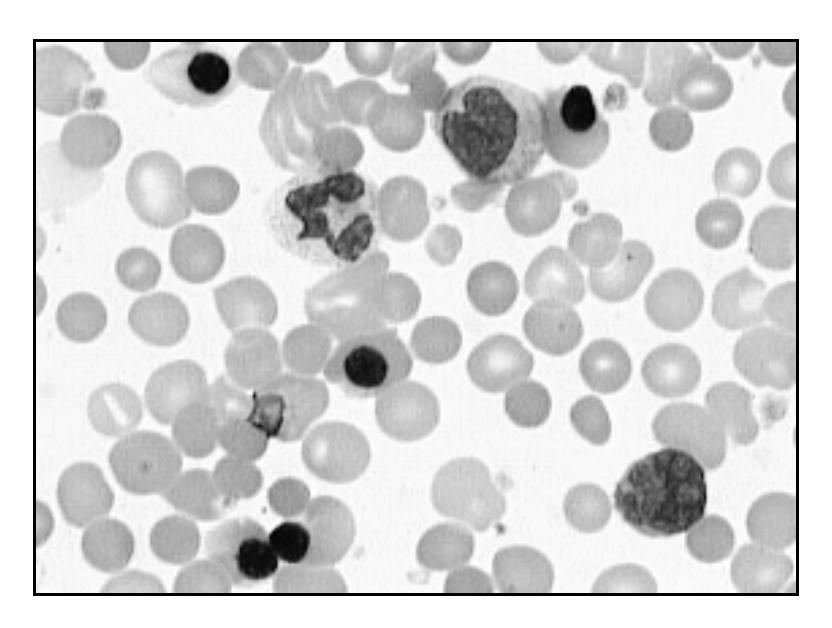




Left shift

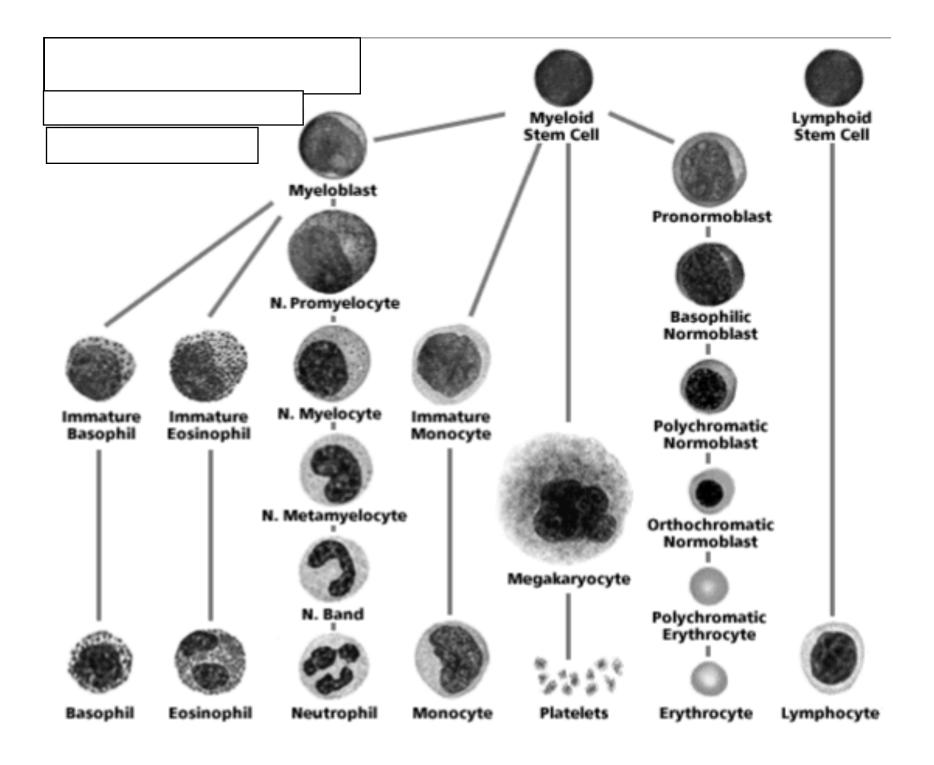
- Left shift
- Leukemoid reaction

- Left shift
- Leukemoid reaction
- Leukoerythroblastotic reaction



Leukoerythroblastotic reaction

- Left shift
- Leukemoid reaction
- Leukoerythroblastotic reaction
  - Due to something malignant
  - Due to something benign

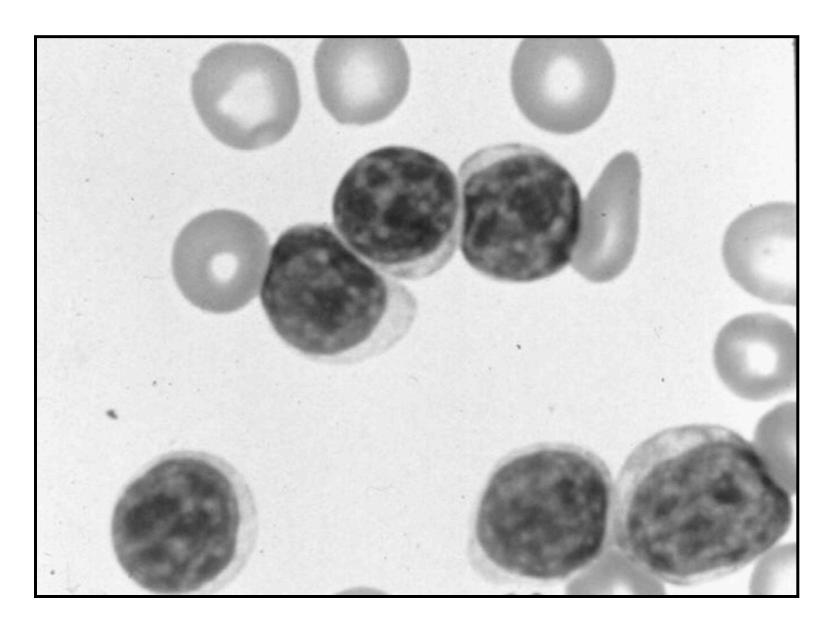


#### Lymphocytosis

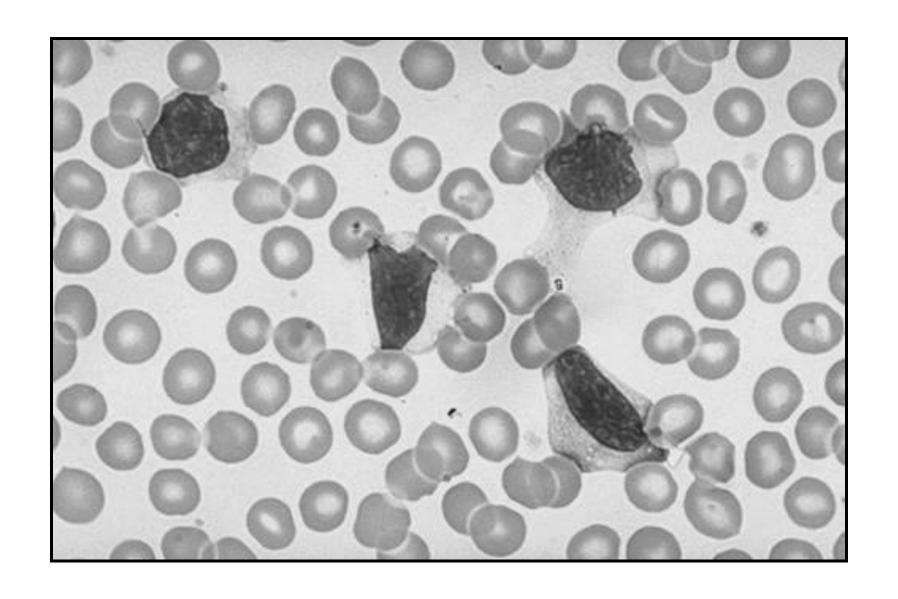
- Lymphocytes fight infection, participate in immunologic responses
- Normal lymphocyte count
  - Varies a lot with age!
  - Bigger normal range in infants
- Normal immunophenotype in blood
  - T cells: 80%
  - B cells: 15%
  - NK cells: 5%

## Types of Lymphocytosis

- Mature (lots of mature lymphocytes)
- Reactive (lots of funny-looking lymphocytes)



Mature lymphocytosis



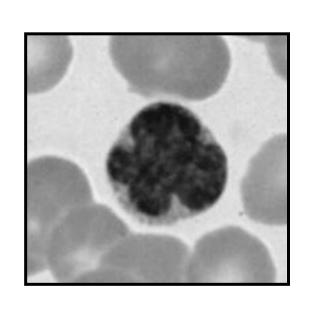
Reactive lymphocytosis

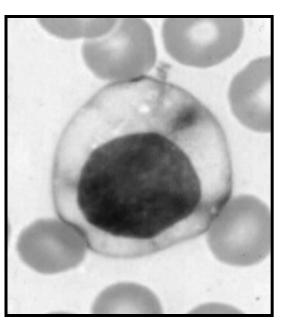
## Causes of Mature Lymphocytosis

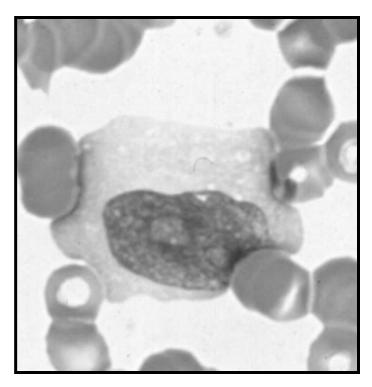
- Infectious lymphocytosis
- Bordetella pertussis
- Transient stress

## Causes of Reactive Lymphocytosis

- Infectious mononucleosis
- Pediatric viral infections
- Viral hepatitis
- Immune disorders

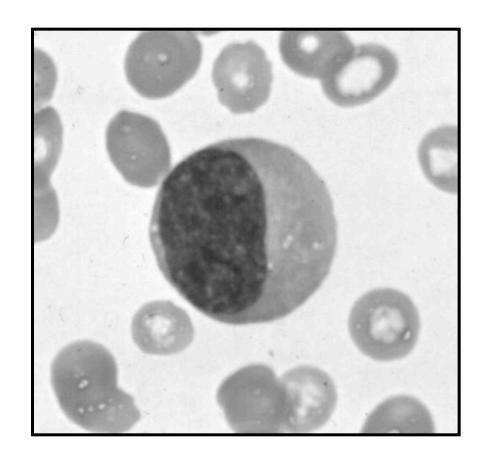






I II III

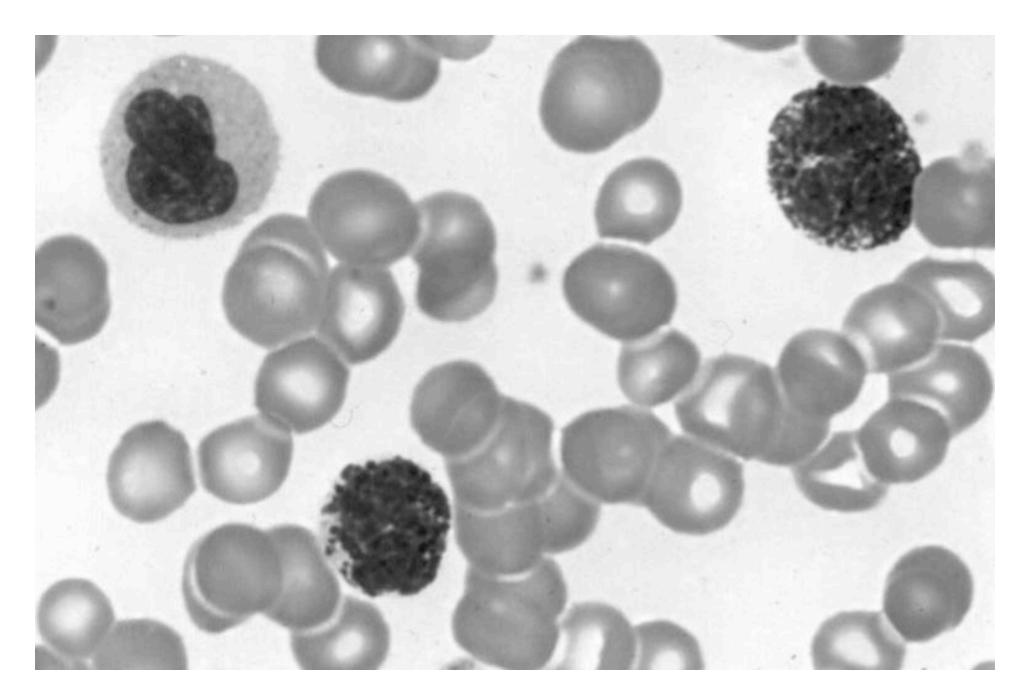
Downey cells



Plasmacytoid lymphocyte

## Other Benign Leukocytoses

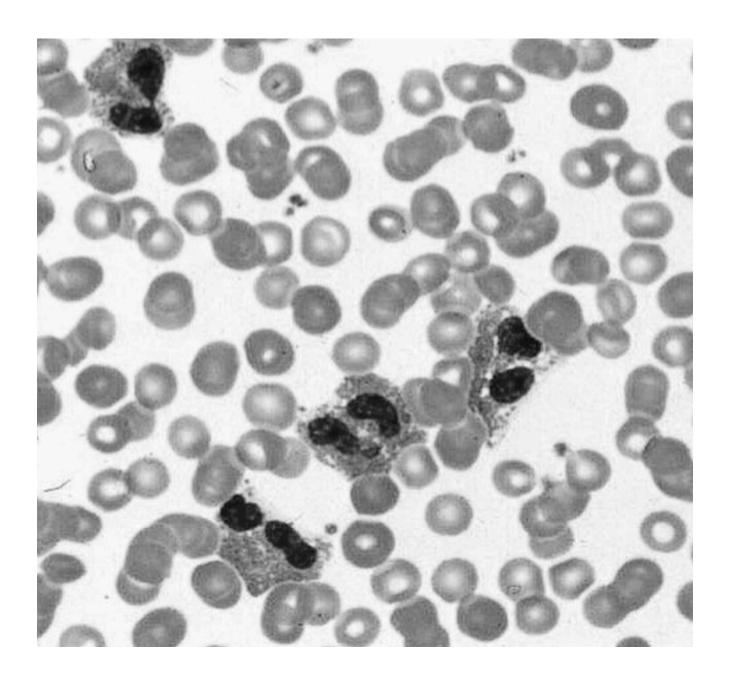
- Basophilia
  - CML
  - CML
  - CML



Basophilia

## Other Benign Leukocytoses

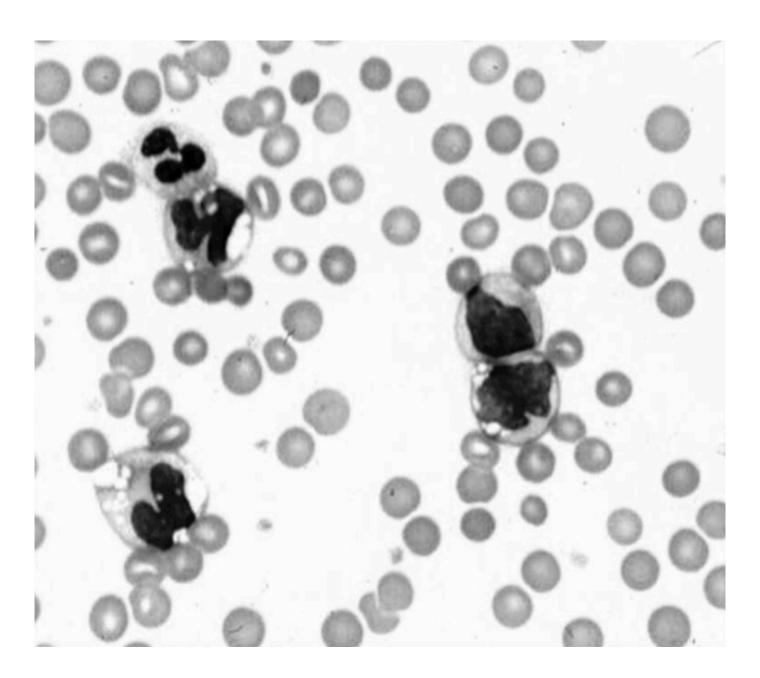
- Basophilia
- Eosinophilia
  - Drugs
  - Asthma
  - Skin diseases
  - Parasites



Eosinophilia

## Other Benign Leukocytoses

- Basophilia
- Eosinophilia
- Monocytosis
  - Infection
  - Autoimmune disease
  - Malignancy



Monocytosis

#### **Eosinophilia Boards Question**

Eosinophils are characteristically found in which of the following conditions?

- A. Bacterial infections
- **B.** Viral infections
- C. Fungal infections
- D. Parasitic infections

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